

Fill out with your healthcare provider for yourself or your child

My understanding of what is happening:

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What are the test and/or treatment choices?

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How will this help?

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What could go wrong?

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What are the next steps?

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What matters to me (worries, concerns and feelings):

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I like information presented: (tick all that apply)

- Written down
- Emailed to me
- Talking
- Told to me by my caregivers
- Checklists

What do I need to know before going home, or the end of the appointment?

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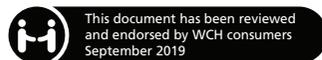
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### For more information

Consumer and Community Engagement  
HealthWCHNConsumerFeedback@sa.gov.au



[www.ausgoal.gov.au/creative-commons](http://www.ausgoal.gov.au/creative-commons)



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**Health**  
Women's and Children's  
Health Network

Women's and Children's Health Network

# It's okay to ask

Making sure your  
care is right for you



**Health**  
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# Our commitment to you

We're committed to providing safe, high quality care, that's right for you.

We believe in 'shared decision making', which means we will work together with you and your family to make decisions about your care.

We encourage you to ask questions and we will check that you understand what is happening, each step of the way.

We will seek to provide you with choices about your care, based on what's important to you.

If you feel worried or concerned, please speak up. We will listen. We want you to feel confident and comfortable in our care.

For more information about Shared Decision Making, visit our website at [www.wch.sa.gov.au/consumerlibrary](http://www.wch.sa.gov.au/consumerlibrary) and click the Involving you and your family in healthcare information guide.

The Women's and Children's Health Network celebrates diversity and is committed to treating people with dignity and respect.

## How you can help

If anything discussed is wrong or you don't understand, please let us know and ask us to explain.

If information or instructions are unclear or confusing you can ask:

- > for the information to be written down for you
- > to have a family member or carer present
- > to have the information repeated when you have a family member or carer present so they can also ask questions
- > for an interpreter if English is your second language
- > to have access to your alternative communication devices or for an interpreter if you are Deaf or Hard of Hearing
- > for an Aboriginal Health Practitioner or Aboriginal Health Worker such as Aboriginal Cultural Consultant, Aboriginal Liaison Officer or Aboriginal Maternal Infant Care worker to be present

Our staff will also ask you questions to make sure you understand what is happening, and to help us understand what is important to you.

To help make sure your care is right for you, we encourage you to complete the checklist on the back of this brochure with your healthcare provider.

