

Chalazion or Stye

Guide for Referrers

Priority will be based upon information provided in the referral. They will be triaged by a member of the Paediatric Ophthalmology clinical team according to the department's triage guidelines.

If your referral lacks relevant clinical information, it may be returned to you for further investigations to be conducted locally.

Exclusions

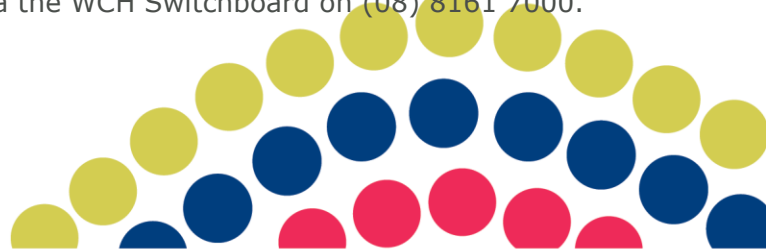
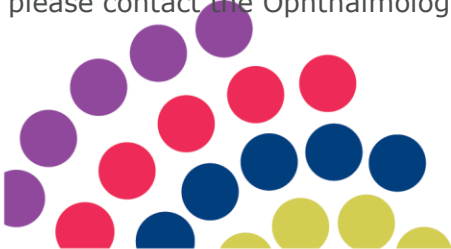
Paediatric ophthalmology at the Women's and Children's Hospital do not accept referrals for:

- Chalazion/stye with onset less than 3 months' ago, for children under 4 years of age.
- Chalazion/stye with onset less than 6 months' age, for children aged 4 and over

Initial Pre-Referral Workup	GP Management	Guidelines for Specialist Referral
CLINICAL HISTORY	TREATMENT	URGENCY LEVEL
<ul style="list-style-type: none"> • Chalazion and styes will often disappear on their own <ul style="list-style-type: none"> ○ Duration since onset required in referral. See listed exclusions 	<ul style="list-style-type: none"> • Lump in or beneath the skin of the eye lid <ul style="list-style-type: none"> ○ Treat with warm compresses (clean, warm washcloth held against a closed eyelid) 2-5 minutes, 2-3 x per day. ○ Most will expand in size and then spontaneously rupture. • Associated cellulitis <ul style="list-style-type: none"> ○ Commence oral antibiotics ○ Review in 1-2 days to re-evaluate ○ If no response to treatment see 'Urgent Referral' 	<p>Emergency</p> <ul style="list-style-type: none"> • Cellulitis unresponsive to antibiotics • Atypical presentation/ suspicion of malignancy <p>Routine</p> <ul style="list-style-type: none"> • Chalazion/Stye - unresponsive to treatment for 3-6 months (see exclusion timelines above)

Information for parents on Styes and Chalazion's are available on the Women's and Children's Hospital Ophthalmology website.

Please note this is a guideline for referral only. If you are a referrer concerned about a patient please contact the Ophthalmology Registrar via the WCH Switchboard on (08) 8161 7000.



For more information

Ophthalmology Department
 Women's and Children's Hospital
 72 King William Rd, North Adelaide SA 5006
 Telephone (08) 8161 7000



www.ausgoal.gov.au/
 creative-commons



Government of South Australia
 Women's and Children's Health Network



Women's & Children's Hospital