

Our aim

To provide a multi-disciplinary approach to children who present with complex developmental concerns in three or more areas and to provide support for their families.

What services do we offer?

Developmental assessment of children with three or more concerns such as:

- > A query about Global Developmental Delay
- > Speech and language problems (*excluding stuttering*)
- > Fine motor problems (*hand writing, cutting, manipulation and dexterity*)
- > Gross motor problems (*locomotor, ball skills, coordination, climbing, motor planning*)
- > Sensory processing issues
- > Socialisation problems (*not relating to peers, poor play skills*)
- > Restrictive and repetitive behaviours (*repetition, inflexible, routines, posturing*)

EXCLUSIONS (*Unless occurring in conjunction with 3 aforementioned criteria areas*).

Single area of concern including those listed above:

- > Residing outside of CDU catchment area
- > Learning difficulties
- > Stuttering
- > Attention Deficit Hyperactivity Disorder
- > Oppositional Defiant Disorder
- > Auditory Processing Disorder
- > Aggressive and/or violent behaviours
- > Anxiety, Depression, Paranoia
- > Toileting/Constipation
- > Failure to thrive

The team: who are we?

- > Audiologist
- > Clinical Psychologist
- > Developmental Paediatrician
- > Occupational Therapist
- > Orthoptist
- > Physiotherapist
- > Social Worker
- > Speech Pathologist
- > CDU Coordinator
- > Administration Officer

Our Expanded Team includes

- > Act for Kids
- > Association of Independent Schools of SA (AISSA)
- > Autism SA
- > Catholic Education Office
- > Child and Adolescent Mental Health Service (CAMHS)
- > Child and Family Health Services (CaFHS)
- > Cora Barclay Centre
- > Department for Child Protection
- > Department for Education and Child Development
- > Early Childhood Intervention Coordinator (ECIC)
- > Gowrie SA

Who can refer to CDU?

All referrals must be completed using the CDU Referral Form.

- > **Medical Professionals** (General Practitioners, Paediatricians, Medical Officers, Specialists)
- > **Allied Health Professionals**
- > **Care/Education** via Leadership Team in consultation with Support Services e.g. Speech Pathology, Psychology or DECD Special Educator, Catholic Education / Association of Independent Schools SA Special Education Consultants/Advisors. Reports documenting this consultation must be provided.

Please note *If a child is referred by an allied health professional or educator, the CDU process can begin, however if a paediatric appointment is required, the child will also need a GP referral.*

Referral forms can be obtained by:

Tel: 8161 7287

Email: Health.CDU@sa.gov.au or website:

<http://www.wch.sa.gov.au/services/az/other/allied/childdev/index.html>

Referral Acceptance

Referral to the CDU will allow an information gathering process to begin but referral acceptance and allocation of appointments is determined only following completion of this referral, parent and/or school questionnaires (if required) and CDU review of the information provided. If the CDU is not the appropriate service provider advice will be given as to alternative options.

Where are we?

Acceptance of referrals is subject to catchment areas which are defined for the three assessments units

- > METRO
Child Development Unit
Women's and Children's Hospital
Tel: 8161 7287
- > SOUTH
Child Assessment Team
Flinders Medical Centre
Tel: 8204 4433
- > NORTH
Gordon McKay Child Development Unit, GP
Super Clinic Elizabeth
Tel: 7485 4094

If you are unsure of the appropriate Unit, please call any of the number above for assistance.



For more information

**Child Development Unit
Women's and Children's Health
Network**

**Women's and Children's Hospital
Zone A, 1st Floor
72 King William Road
North Adelaide SA 5006**

**Telephone: 08 8161 7287
Facsimile: 08 8161 6099
Health.CDU@sa.gov.au**

www.cywhs.sa.gov.au

Monday to Friday 8.30am to 4.30pm

Non-English speaking: for information in languages other than English, call the interpreting and Translating Centre and ask them to call The Department of Health. This service is available at no cost to you, contact (08) 8226 1990.

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Child Development Unit

Information for
parents, carers &
professionals

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